

ASAP Club Descriptions – Session 1

August 29 - November 4

Preschool Sportball Multi-Sport: Refine, rehearse, repeat. Multi-Sport classes are the heart of Sportball programming. Coaches focus on the basic skills common to all sports, like balance, coordination, stamina and timing in a fun, supportive, non-competitive setting that emphasizes teamwork. Each class focuses on one of eight different popular sports: hockey, soccer, football, baseball, basketball, volleyball, golf and tennis.

Volleyball (girls) – Sportball: Bump, set, spike! Sportball Volleyball introduces children to fundamental concepts of gameplay and teaches the basic skills required to play the net with confidence in a supportive, non-league environment. Coaches zero in on skills like serving, spiking, bumping and volleying in fun, exciting, skill-focused play.

NFL Punt, Pass & Kick: Punt, pass, and kick class teaches the basic three skills to prepare kids to compete in the 2016 NFL PPK competition. Kids will also participate in route running, catching, flag games and some pickup flag games. This class is a good preparation for the 4th & 1 Flag League in Sessions 2 and 3.

As You Wish: "As You Wish will be offering classes which include creative mediums such as pottery painting, clay building, canvas painting, and more! Join us to let out your inner artist."

Basketball – Sportball: Slam dunk! Sportball Basketball introduces fundamental concepts of gameplay and teaches the basic skills required to hit the court with confidence in a supportive, non-league environment. Coaches zero in on skills like dribbling, passing, catching, shooting and defense in fun, exciting, skill-focused play.

Preschool Flag Football: Touchdown! Sportball Football or Flag Football introduces fundamental concepts of gameplay and teaches the basic skills required to reach the endzone with confidence in a supportive, non-league environment. Coaches zero in on skills like throwing and catching, field goals, and snapping and footwork in fun, exciting skill-focused play.

“Your Shot” Golf: This class will meet at the Bellair Golf Course and the price will include driving range, chipping, putting, and some holes played. The class will be tailored for golfers who are beyond introductory play and desire to better their skills. Parent transportation or carpools will need to transport students across Bell and 43rd Avenue to the golf course (this is the student’s responsibility to line this up). This class will prepare golfers to compete in the National Drive, Chip, and Putt contest. Clubs provided if needed.

Christian Warriors: Christian Warriors: Strengthening the body, mind & spirit to be warriors for Christ through martial arts training.

Crusader Chess Club: Chess Emporium teaches a fun and exciting introduction to the game of chess. All grades are welcome in the chess club, which begins by teaching students how to play the game, chess openings, tactics, and endgames, while allowing students to practice with

their friends. Studies by major corporations and universities have shown that chess can help students increase their math and verbal skills, as well as their creative and critical thinking abilities. Chess provides helpful insights into mathematics, visualization, analysis, and writing skills. This class provides chess strategies and tournament play in this club experience. Students who sign-up for this class will find where they rank by earning a Chess rating number based on tournament play.

Homework Club: Homework club is managed by Mrs. Ketterling and Mrs. Roman, and gives students extra help with practicing math facts, spelling words, Bible verses, vocabulary, extra AR & AM time and assistance with any worksheets or assignments.

Mathletes: Individualized Math Instruction for all levels of learners. Come maximize your full mathematical potential!

C.A.C (Cooking, Activities, & Crafts) - Reminiscent of the good old home economics class, we will cook interesting items like quesadillas with an iron, learn how to sew a button, and create Pinterest inspired crafts. All supplies will be included in the cost of the class. Come have fun with friends.

Performing Arts: Performing Arts is a performance-based class that will explore the areas of drama (acting), singing, and dancing (choreography). It will assist young performers in developing skills in these three areas and will provide opportunities to perform and practice these skills. It's process-driven rather than product-driven. The students are encouraged to be creative and courageous in all areas of performance. It will inspire confidence, provide experience and promote collaboration within a group. And most importantly, it's tons of fun along the way!!

Beginning Golf: This class starts with all of the basics from grip, stance, clubs, balls, golf language and progress through putting, chipping and full swing shots with restricted flight golf balls. Final 2 classes will be played with made up holes by the students on the space available, and then they will be taught golf etiquette for the golf course while playing the holes made up. Each student will receive a beginner set of clubs to keep!

Lego Robotics/K'Nex Engineer: Lego Robotics/K'nex is a class encouraging students to problem solve, build, and program robots. Students also rotate each week building a roller coaster using K'nex. Each class we try the abilities of our teams in what we call the "Battle of the Bots" to see who is the supreme technological champion. Robotics helps build problem solving, team work, and critical thinking skills. At the start of each class we include a short devotion and prayer time.